

Special Olympics Honors Farrow

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Minden resident Kenny Farrow recently received some noteworthy recognition from Special Olympics Nebraska, receiving a certificate of completion of the Special Olympics Nebraska Athlete Leadership Course.

Now 36 years of age, he has been involved in Special Olympics since the age of 12-24 years!

He started to become very active in all of the sports that Minden had to offer, becoming very good at them. He even helped some of his teammates in any way they needed (still does) to help them become better themselves.

A friend invited Kenny to join the Kearney team and he was accepted with open arms. With this team he had the opportunity to grow as an athlete leadership council individual.

The late Jeff Krull stepped into his life as a special support person as Kenny did not have a dad growing up. Losing Jeff a few years ago made it hard for him to keep doing sports but others, especially Martha Carr, stepped into his life as a care aid and a mother-figure after his mother passed away.

Kenny fondly remembers the lessons Jeff taught him such as 'Don't give up', 'Give it your all' and 'Always have faith'.

He feels that without Special Olympics, Jeff and Martha he wouldn't be who he is today.

Basketball is his favorite sport and he has hopes of qualifying a team for the International Games in Chile in 2027 or 2028.